



The Rong tree books planning: Five Elements to lose weight do not rebound(Chinese Edition)

By LI ZENG HONG . LI GUANG XU

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pages: 186 Publisher: People's Medical Publishing House Rong tree the book planning: Five Elements to lose weight do not rebound Editor first weight loss is a systems engineering. Britannica. respectively. discussed the factors that lead to obesity. organs imbalance and obesity. obesity and disease. weight loss should be three things clear five reasons for failure to lose weight. first proposed the resolution fertilizer on the Treatment of five elements balanced diet. . allowing you to achieve a truly healthy weight without rebound purpose. Rong tree books planning: Five Elements to lose weight do not rebound Reference Books obesity patients and their families healthy weight loss. Contents: one. to lose weight is a systems engineering (a) Imitation of Nature (b) to find a way to lose weight (c) to the Confucius unwise Zen (d) to lose weight is part of the self-management system. on obesity Yu pathogenic disease alternative thinking (a) stupid (b) values ??dislocation (c) emotional management is the fundamental weight management (d) Yu is the source of sickness (e). and the illness caused by fertilizer (F) (h)...



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