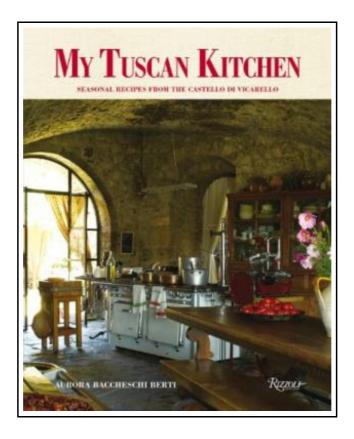
My Tuscan Kitchen: Seasonal Recipes from the Castello Di Vicarello



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Reviews

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(Kevin Bergstrom Sr.)

MY TUSCAN KITCHEN: SEASONAL RECIPES FROM THE CASTELLO DI VICARELLO



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Rizzoli Universe Promotional Books. Hardcover. Book Condition: New. Hardcover. 288 pages. Dimensions: 9.2in. x 7.3in. x 1.3in.A sumptuous escape to the sensual culinary flavors of the Italian countryside, with more than a hundred recipes for the home cook. In a wild, undiscovered corner of Tuscany called Maremma, boars roam the hillsides, olive trees stand like sentries, and fennel perfumes the air. This landscape yields its own cuisinerustic dishes that let their seasonal ingredients shine through. There is no better place to learn the secrets of this cuisine than the Castello di Vicarello. This twelfth century fairy-tale castle is now an exclusive resort where the proprietor, Aurora Berti, prepares meals based on the garden. Here, Aurora presents the many recipes she has developed over the past decade by sharing with local peasant women and drawing from her own familys traditions. Organized by season, this charming cookbook immerses the reader in the daily rhythms of the land. The dishes are accompanied by sidebars and photos that convey the story of this place: pruning the vineyards in winter, picking asparagus in spring, drying tomatoes for sauce in summer, and hunting porcini in fall. The recipes burst with flavor while remaining simple: black kale crostini, radicchio and walnut salad, carbonara with favas, roast pork with apples, peach crostata. My Tuscan Kitchen: Seasonal Recipes from the Castello di Vicarello is the next best thing to taking a trip to this magical country. Damn good stuff comes out of this cucina. --GQTravel like royalty this season at southern Tuscanys Castello di Vicarello. --Vogue This castle is exactly where Rapunzel should be letting down her hair. Its amazing--unusual and full of character. --TatlerHeaven! --The New York Times Travel Magazinelf I have only one life to live, let me live a good part of it at the Castello...



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