



## Learning to Like Muktuk: An Unlikely Explorer in Territorial Alaska

By Penelope S. Easton

Oregon State University. Paperback. Book Condition: new. BRAND NEW, Learning to Like Muktuk: An Unlikely Explorer in Territorial Alaska, Penelope S. Easton, When Penelope Easton, a young, vigorous, sensible WWII veteran with a Masters in Public Health Nutrition, embarked on a journey to Territorial Alaska to serve as the dietary consultant for the Alaskan Health Department, she could not anticipate the deplorable health-related conditions that she would find. The author observed the effects of measles and tuberculosis epidemics, educational philosophies that opted to teach Native children only in English, a scarcity of imported food supplies, and the derision of native foodways. Fascinated by the foods of indigenous Alaskans, such as muktuk, strips of whale skin and blubber, she took every opportunity to learn about Native Alaskan peoples and their food cultures. As she gained knowledge, Penelope Easton identified the need for public health personnel to know and appreciate the dietary traditions and adaptations of the region and became an advocate for preserving native food customs. Learning to Like Muktuk draws on her detailed field reports, photographs, letters, and other documents, some of which may be the only remaining descriptions of native Alaskan foodways from the period between the end of...



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