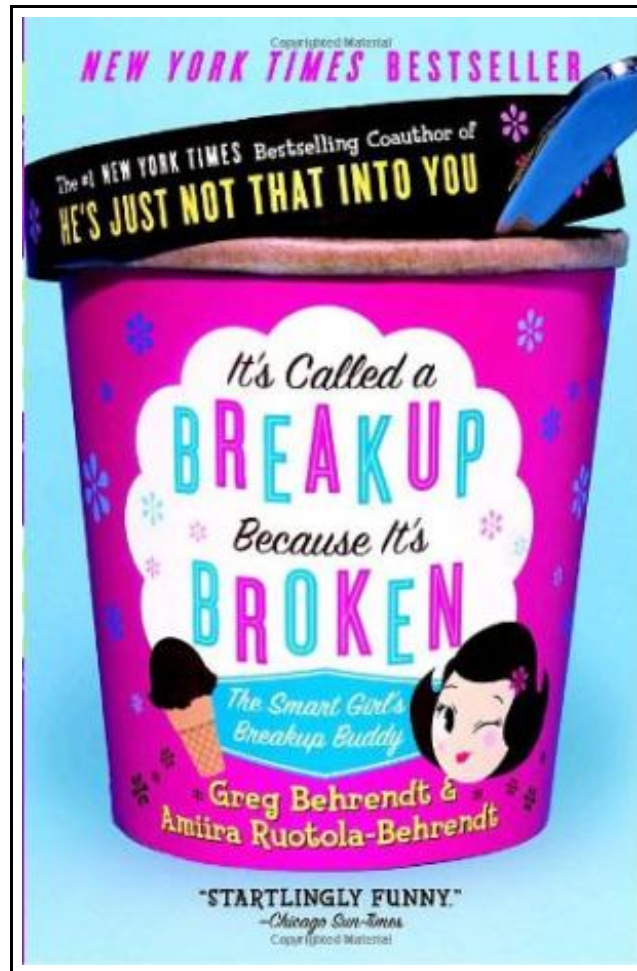


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Reviews

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Random House USA Inc, United States, 2006. Paperback. Book Condition: New. Reprint. 196 x 130 mm. Language: English . Brand New Book. There s no doubt about it breakups suck. But in the first few hours or days or weeks that follow, there s one important truth you need to recognize: Some things can t and shouldn t be fixed, especially that loser who dumped you or forced you to dump him. It s called a breakup because it s broken, and starting right here, right now, it s time to dry your tears, put down that pint of ice cream, log out of his e-mail, and open this book to Chapter One and start turning your breakup into a breakover. From Greg Behrendt, the co-author of the smash two-million copy bestseller *He s Just Not That Into You*, comes *It s Called a Breakup Because It s Broken* --the ultimate survival guide to getting over Mr. Wrong and reclaiming your inner Superfox. From how to put yourself through he-tox, to how to throw yourself a kick-ass pity party, Greg and his wife, Amiira, share their hilarious and helpful roadmap for getting past the heartache and back into the game. You will learn: Why you shouldn t call him and what he s thinking when you do How to keep your friends and not lose your job How to avoid breakup pitfalls: IMing, stalking, having sex with your ex Reframing reality seeing the relationship for what it was How to transform yourself into a hot, happening Superfox and get a jump on the better, brighter future that awaits Complete with an essential workbook to help you put the crazy down on paper and not take it out into the world, *It s Called a Breakup Because It s Broken* is...



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